

Eis(bert) & Maja van Dijk-Thalmann

We live in Haus near Schladming Married 33 years, no kids





Eis = From old German "Iron" or steel



- > 15 years High school teacher
- > 1 year Switzerland Freedom in Christ ministries
- 4 years seminary theology ETS
- > 13 years Tauernhof Permanent staff
- Bible- und ski instructor
- > Self employed
- > traveling ministry
- 25 years Torchbearers





Paul's second mission trip



Joyfull or Joyless?



Our Goal for this week:

Philippians 3:10 "I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,"



Joy, Rejoice, Glad 14 X Paul experienced joy, because he lived with the right and Godly desire in his heart!
Joy is different than happiness. Joy is the quiet insurance that God is doing an amazing work inside of you and this give you peace, hope strength!

"I eagerly expect and hope that I will in no way be ashamed but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death." Phil 1:20

How can I get the most out of the lectures? How can I have the right desires and grow?

Why can I be so frustrated at times?



How can can Christ be exalted in my body?



1) Practice the right way of learning

After two weeks people tend to remember only...

10% of what they have read,

20% of what they have heard,

30% of what they have seen,

50% of what they have heard + seen,

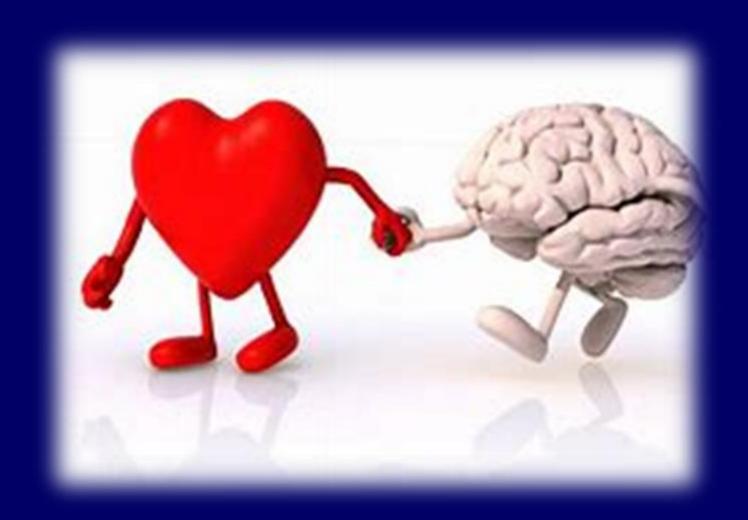
70% of what they have said,

90% of what they have said and done!!!



Conclusion: you should participate, be active!

2) Learning takes place in two ways: HEAD and HEART

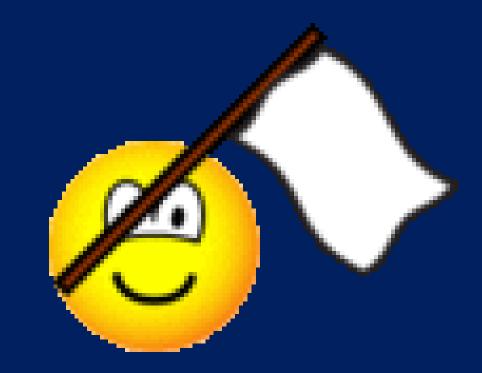


Self-reflection is the ability to witness and evaluate your own cognitive, emotional, and behavioral process





Read Philippians 1:1-11.
Which words speak about the head and what about the heart?





3) Be aware of your cultural differences and past life experiences!

Your past has influenced the believe you have about yourself, about God and the world around you. You should deal with your past else your past will deal

with you!

Never be defined

by your past.

It was a lesson,

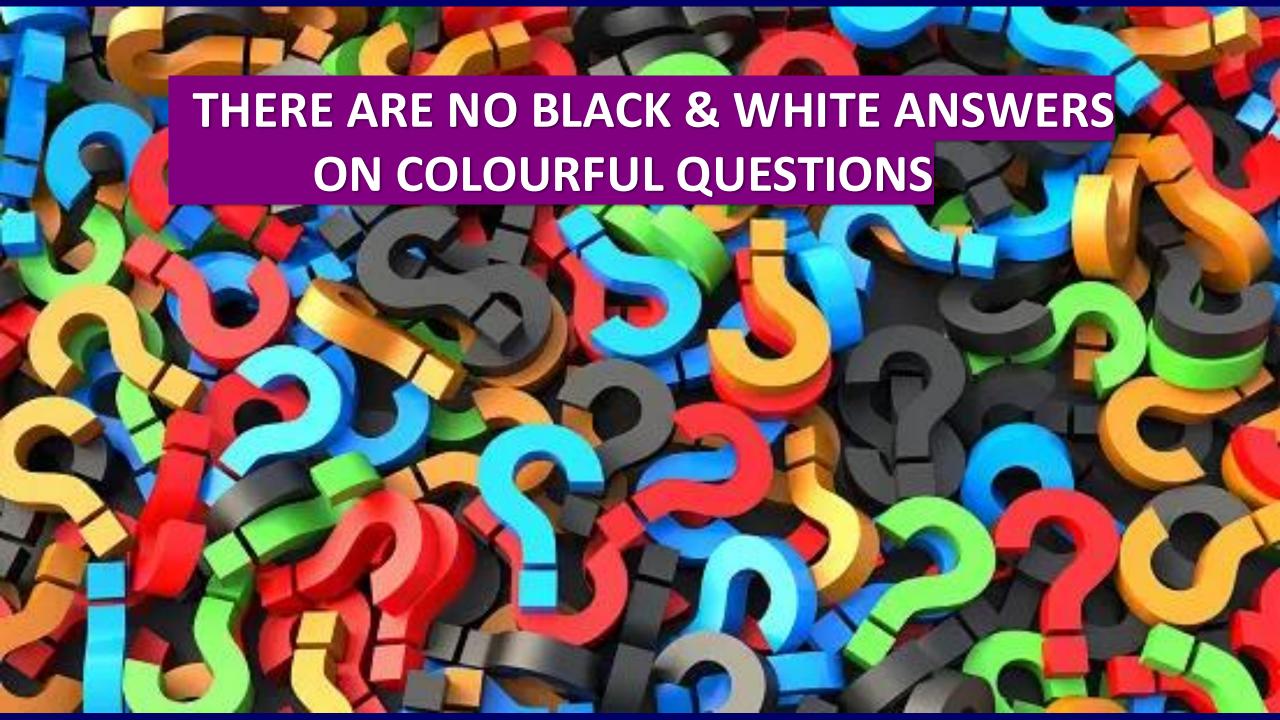
not a life sentence

4) Be aware that the Bible is not written to you; but it is written for you!

Every epistle is a specific personal letter from a specific man, to a specific group of people dealing with specific issues in a specific situation, environment and time.

That's why you should read the whole letter first or the whole

chapter and look at the context!



5) use your Bible as a mirror: fill in your own name + write down your thoughts and what touched your heart!



- > Always remind yourself why the bible is written.
- What is the central message /thought / idea in the Bible.
- Not for information but for transformation.
 Not for perfection, but for growth.



The central message about God's plan:

"Gen 1:26 Then God said, "Let us make man in our image, in our likeness, and let them rule..."

27 So God created man in his own image, in the image of God he created him; male and female he created them. "



But God continued:

A second time God started his plan and continued with a second creation. Making a man after his own image Jesus Christ!

His is God's answer for the Christian life! 1:6 + 1:20







Joyful Joyless? or

Our Goal for this week:

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Joy, Rejoice, Glad 14 X

Last remarks from yesterday 3) Be aware of your cultural differences and past life experiences!

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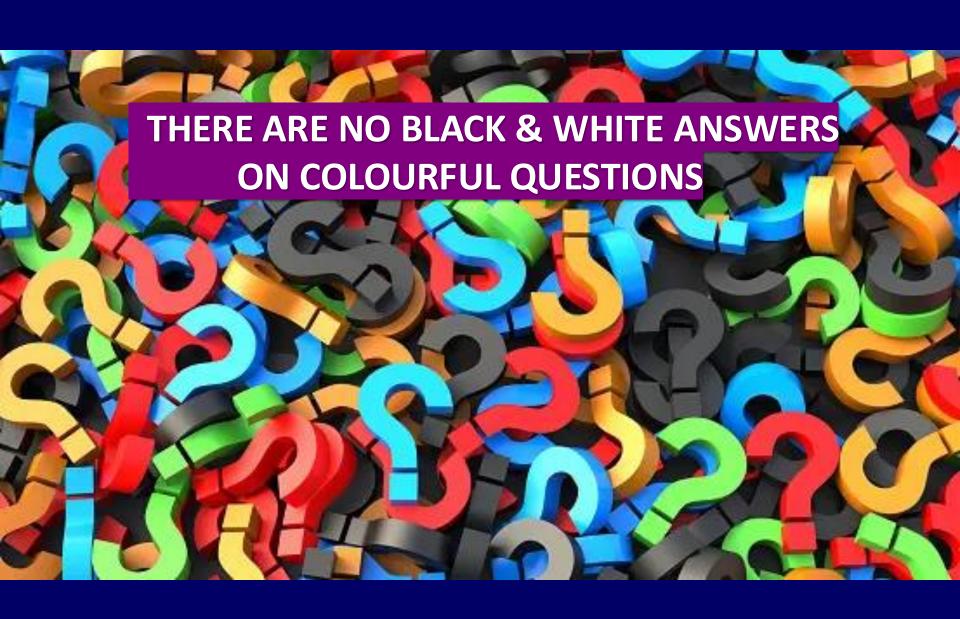
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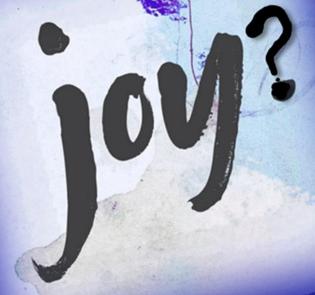
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TIMEOUT!

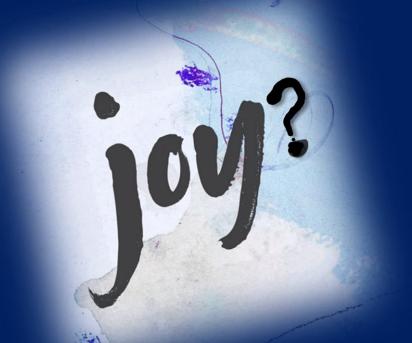
- 1. Read Phil.1:1-10
- 2. Read it again and fill in your name 3. What touched your heart?

What takes away this joy? What could stop our goal?



This could be a reason:

Paul and Timothy, servants of Christ Jesus, To all God's holy people in Christ Jesus at/in Philippi, together with the overseers and deacons:



The world of the Philippians: Sports, Games, Money Performance, Victory, Status, Power, Famous, Honor, Reputation...etc!



Not only sports dominated the life in Philippi

- multi-cultural society (Roman colony, slaves)
- Harbor town: money, trade, economy, sex
- occult
- religious

How to live in the world without the world living in you

Peter was dealing with the same issue:

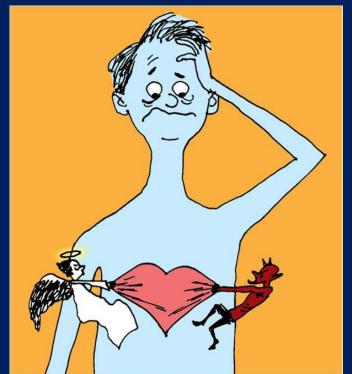
1.Petr.2:11

11 Dear friends, you are outsiders/ sojouners/ foreigners and exiles and those who wander in this world. So I'm asking you not to give in to your sinful desires. *They fight gasinst your soul.*

Eph.2,2 You used to live as sinners when you followed the ways of this world. You served the one who rules over the spiritual forces of evil. He is the spirit who is now at work in those who don't obey God. 3 At one time we all lived am Our desires were atisfy what they controlled by s wanted us to do ur desires and thoughts.

To live in two worlds at the same time causes conflicts and collisions

1) Torn apart
Tension, Rubs, division,...usw



- Gal5:16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh.
- **17** For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. 18 But if you are led by the Spirit, you are not under the law.

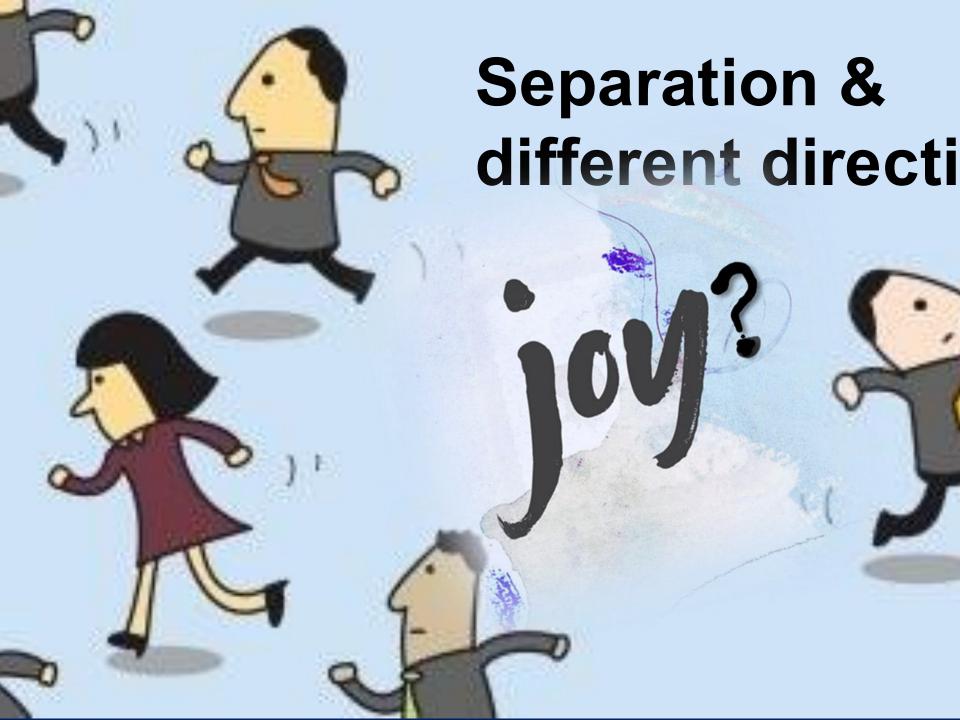
1.Joh.2,15-16

15 Do not love the world or anything in it. If anyone loves the world, love for the Father is not in them.

16 Here is what people who belong to this world do.

They try to satisfy what their sinful desires want to do.

They long for what their sinful eyes look at. They take pride in what they have and what they do. All of this comes from the world. None of it comes from the Father.



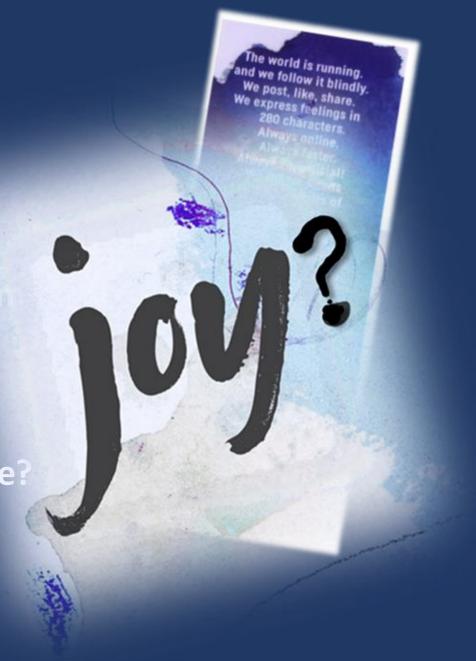
Look what Jesus says in Joh.17:11

... I will remain in the world no longer, but they are still in the world, and I am coming to you. Holy Father, protect the latter power of your name,

14 I have given the hat the world has the world any more than I am.

Do the test!

- > How do I run?
- > Whom do follow?
- > Am I always online?
- > Am I superficial?
- > With what do I fill my
- > Trivialities?
- > Am I tired?
- ➤ Did I lose my head?
- > What is the best for me?
- > Awake!?!





What are the biggest competitors in your life as a Christian that takes away joy?

Beware of anyt that competes loyalty to Jes The greatest co of true devotion is the service we do for Him.

Oswald Chambers

The Lord Jesus Christ is in a class all by Himself; there are no competitors, no rivals; He is unique. He is Lord of all. He is King of kings, Lord of lords, the image of the invisible God. He is Alpha and Omega, the First and the Last, the Preeminent One.

— David Jeremiah —

THE GREATEST COMPETITOR OF TRUE DEVOTION TO JESUS IS THE SERVICE WE DO FOR HIM. IT IS EASIER TO SERVE THAN TO POUR OUT OUR LIVES COMPLETELY FOR HIM.

- OSWALD CHAMBERS -

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Problem: We start to compromise!

We deny our faith



(Florenz)

- Hebr 11:24 By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter.
- 25 He chose to be mistreated along with the people of God rather than to enjoy the fleeting pleasures of sin.
- 26 He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward.

 27 By faith he left Egypt, not fearing the king's anger; he persevered because he saw him who is invisible.

Danger2: we tend to adjust like chameleons!



We start to measure ourselves with others

Read 1.Cor. 15,45 Gal.6,15

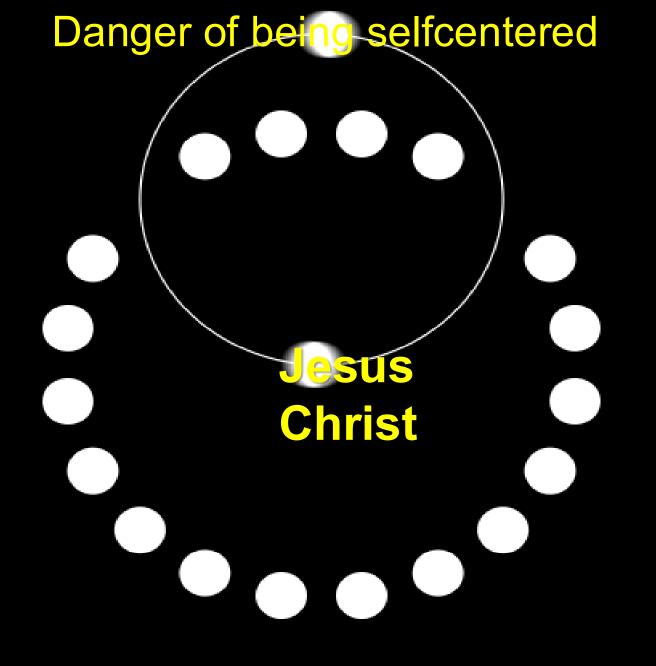


Solution for us 3:7 I thought t really something gr Christ. them to be no 8 Even more ning to be nothing g Christ worth Jesus my Lord. To much more than anything else. Because of him I have lost everything.

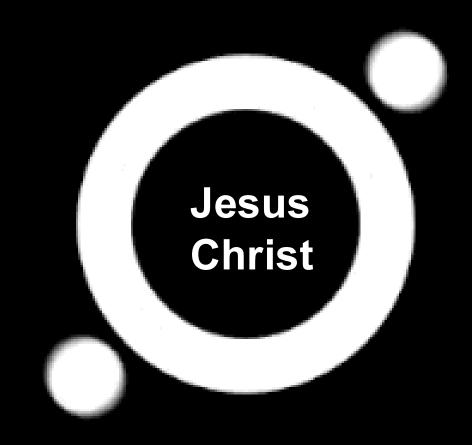
Material Goods! Warning from Paul to the Philippins: 3:18 For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ.19 Their destin ruction, their god is their s glory is in their sha ind is set on earthly things.

2. Cor.5:17

Therefore if anyone is in Christ, this person is a new creation; the old things passed away; behold, new things have come. 18 Now all these things are from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation,



Christ centered life:





Joyful Joyless? or

Phil.1,9-10

9 I pray that your <u>love</u> will grow more and more. And let it be <u>based</u> on knowledge and <u>depth of inside / discernment</u>.

10 so that you may be <u>able to discern what is best</u> and may be pure and blameless for the day of Christ,



WHAT REALLY MATTERS IN LIFE!?!



Verse 10: discern = to test, examine, approve, scrutinize (to prove if a material/metals is genuine or not)

What matters in my life?

ARE YOU REAL?

Test yourself!

2.Cor 13:5 Examine yourselves to see whether you are in the faith; test yourselves. Do you not realise that Christ Jesus is in you – unless, of course, you fail the test?

Eph 5:10 +17 and try to discern/find out/prove/test/examine yourself what is pleasing to the Lord.

- 1.Thes 5:21 but test every prophecy; hold fast what is good.22 Abstain from every form of evil.
- 1.Joh 4:1 Do not believe every spirit, but test/examine/prove the spirits to find out if they are from God!

Eph 5:10 +17 and try to discern/find out/prove/test/examine yourself what is pleasing to the Lord.

Phil.1:10 "So that you may be able to discern what is best and may be pure and blameless until the day of Christ"

LIVE A LIFE OF LOVE!!!



LOONA



LUNITA





Hallo Eis!

"...with a friend I visited a few times the Baptist Church in your hometown.

I love to listen to this tv preacher. I love to listen to him, because he speaks so nice about the Lord Jesus.

There is a hunger in me to know much more about the Bible and my relationship with Christ.

I have learned a lot in the last two years. Corona time has opened my eyes for the time we live in....

By the way I am doing well! A lot of things have changed and I have the desire to sing more different songs, because I feel that the time is ready for it. I like to inspire people to find the way to God and Christ
I am working on this, but I am not there yet. It is a process.
I experienced beautiful things with God and I know He is working inside of me

I still perform and sing these happy but superficial songs but when I talk with people I like to speak about Jesus and I pray that there will be unity and desire to find healing.

There is a lot to do because a lot of people are on the wrong track!

Self-reflection is the ability to witness and evaluate your own cognitive, emotional, and behavioral process



- What is important/matters to you and why?
- 2. What is not important to you and why?
- 3. How can you see/know what matters/important?

Paul experienced joy because he found out what mattered in life! What was important to him!

i. God is working inside of us – 1,6

ii. More and more insight and wisdom!

iii. I grow in love and faith=trust!



ad i) 1:6 "6 And I am sure/confident of this, that HE who began a good work in you will bring it to completion at the day of Jesus Christ.



Phil.1,6 God began a good work in you. And I am sure/convinced that he will carry it on until it is completed. That will be on the day Christ Jesus returns.

Test/Examine/prove yourself:

- a) am I convinced?
- b) did <u>God</u> start? (or I, my church, parents, books, organisation...etc)
- c) Is it a good work?
- d) IN me? (=inside or outside?)
- e) Will HE continue? HOW? WHAT?

What kind of work? How does this work look like? (1:4)

Phill.1:20 "as it is my eager expectation and hope that I will not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death."

and

2:13 "for it is God who works in you, both to will and to work for his good pleasure. "

Gal.4:19 "My dear children, I have pain like a woman giving birth. And my pain will continue until Christ makes you like himself.

Also in Col.1:27

27 To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory.



Ad ii) Growing insight and wisdom -Phil, 1:

Eph 1:17 in my prayers I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

- a. Spiritual
- b. Knowing as in a relationship/intimacy

Warning:

Hosea 4,6 My people are destroyed for lack of knowledge; because You, priests, have rejected knowledge

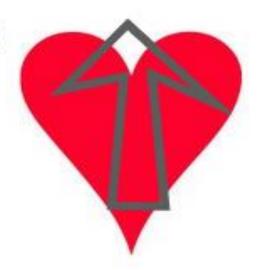




Words out of the Mouth

Matthew 15:18
"But the things that proceed out of the mouth come from the heart, and those defile the man.

Start in the Heart



Phil.1:9

9 I pray that your love will grow more and more. And let it be based on knowledge and understanding.10 Then you will be able to know what is best.



Joyful Joyless? or

Start Song: beautiful name



Paul experienced joy, because he lived with the right and Godly desire in his heart!

"I eagerly expect and hope that I will in no way be ashamed but I will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death."

Phil 1:20

REPLACE THE WORD I/MY BY YOUR OWN NAME

"I will in no way be ashamed but I will have sufficient courage so that now as always Christ will be exalted in my body"

Where does he get his courage from? Where do I get my COURAGE from

ANSWER:

He has JOY because Christ was preached and he experienced help through prayers and the help of the Holy Spirit.

For Spiritual work, we need a Spiritual attitude and Spiritual power from the Holy Spirit!

Interesting:

In his epistles Paul all most never spoke about...

- the content of their church services (Liturgy, building, settings)
- activities, programs, worshipping
- > the amount of visitors...
- > The Old Testament stories or endtime
- Social, environmental and political issues

He preached about <u>Christ and HIS life</u> inside of you and in your Church. Has their been progress, growth and joy?

Self-reflection is the ability to witness and evaluate your own cognitive, emotional, and behavioral process





Think about the preaching in your church. Where do the preachers mainly speak about?



- Php 1:19 through your prayers and God's help of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance.
- Php 1:27 Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one **Spirit**, striving together as one for the faith of the gospel
- Php 2:1 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion,
- Php 2:2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind.
- Php 3:3 For it is we who are the circumcision, we who serve God by his Spirit, who boast in Christ Jesus, and who put no confidence in the flesh—Php 4:23 The grace of the Lord Jesus Christ be with your spirit. Amen.





The answer is quit simple:

The Spirit of Christ wants to live in the believer of Christ To change Him like Christ or become more like Christ.

That was God's goal from the beginning!

The Work of the Holy Spirit

Read John 14 - 16



"The work of the Holy Spirit encompasses a wide range of activities, but its primary goal is to glorify Jesus and make Him real in the lives of believers.

The Spirit also guides, teaches, comforts, convicts, and empowers believers. Essentially, the Holy Spirit is God's personal, animating presence, actively working to bring life, beauty, and order to the world."

- Joh 14:6 Jesus answered, "I am the way and the truth and the <u>life</u>. No one comes to the Father except through me.
- Joh 15:13 Greater love has no one than this: to lay down one's life for one's friends.
- Joh 17:2 For you granted him authority over all people that he might give eternal <u>life</u> to all those you have given him.
- Joh 17:3 Now this is eternal <u>life</u>: that they know you, the only true God, and Jesus Christ, whom you have sent.

Joh 14:19 Before long, the world will not see me anymore, but you will see me. Because I <u>live</u>, you also will <u>live</u>.

Life/live = zoe = John 17:3

John 17:3 Now this is eternal <u>life</u>: that they know you, the only true God, and Jesus Christ, whom you have sent.

The biggest Problem is that we are dead!

Eph.2:1 As for you, you were dead in your transgressions and sins, **2** in which you used to live when you followed the <u>ways</u> <u>of this world</u> and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. (**Not bad, but dead**)



Joh.6:63 " The Spirit gives <u>life</u>; the flesh counts for nothing. The words I have spoken to you — they are full of the Spirit and <u>life</u>.

Joh.14:19 "I live and you will live."

Joh. 17:3 And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.



Phil.1:27-2:1 27 No matter what happens, live in a way/ conduct yourselves / behave/let your manner of life be a way that brings honor/worthy to the good news about Christ. Then I will know that you remain strong/stand(ing) firm together in the one Spirit. I will know this if I come and see you or only hear about you. I will know that you work together as one person. I will know that you work to spread the teachings about the good news. 28 without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved – and that by God. 29 Here is what he has given you / granted you to do for Christ. You must not only believe in him. You must also suffer for him.30 You are going through the same struggle/conflict you saw me go through. As you have heard, I am still struggling.

Phil.2:1 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion,2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind.3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,4 not looking to your own interests but each of you to the interests of the others.



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- 1. Summarize the central Problem here in these verses
- 2. Summarize Paul's solution in their times of trouble
- 3. Conclusion: What do you need to stand firm?

This word is made up of two words "sun" (together with) and psuchos (soul, self, inner life, or the seat of the feelings, desires, affections). So the word refers to being united in spirit or harmonious. Paul desired the Philippians to be united in their affections-one in Christ in all desires! Used only here in the NT.

(Wayne Steury)



How can you stand stand firm according to 1:27-2:1-4? Look for the five cornerstones!

- 1) Be watchful/careful!
- 2) Be united in faith with Christ! John 17:20-25
- 3) Be courages 1 Peter 3: 13-15
- 4) Be willing to suffer!
- 5) Being the same spiritual attitude



1.Be watchful: Verse 27 - To conduct = politeuo'mai

- i. to be a citizen, to behave as a citizen
- ii. to administer civil affairs, manage the state
- iii. to make or create a citizen

Polite, police, political, polis (=city)...etc

Phil.3:20 But we are citizens of heaven. And we can hardly wait for a Saviour from there. He is the Lord Jesus Christ.

Means: you and I represent the Kingdom of God, so let us behave/conduct/ LIVE in a way like that!

Question:

In what way do you represent your country in deeds?

USA? Canada? Germans? Dutch? British? Scandinavians?...etc

WHAT SPEAKS SO LOUD THAT I CANNOT HEAR WHAT

If We Claim To Have

Fellowship With Him Yet

Walk In The Darkness, We

Lie And Do Not Live By

The Truth.

1 John 1-6

Second cornerstone:

Be united with each other and Christ = UNITY!



- 1 Corinthians 1:9 God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful.
- Philippians 2:1 If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion,
- Philippians 3:10 I want to know Christ... and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,
- 1 John 1:3 We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ.
- 1 John 1:6 If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth.
- 1 John 1:7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

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What does Unity and fellowship with Christ mean to you? How does this influence your life?

UNITY AND FELLOWSHIP WITH CHRIST

Fellowship= association, community, communion, joint, intimacy participation, intercourse, the share which one has in anything, participation

John 17,3 "Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent." HOW?????

Listen to Jesus prayer for all the believers:

John 17:20 'My prayer is not for them alone. I pray also for those who will believe in me through their message,21 that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me.22 I have given them the glory that you gave me, that they may be one as we are one -23 I in them and you in me_- so that they may be brought to complete unity.



Joyful Joyless? or

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Joy, Rejoice, Glad 14 X



William Randolph Hearst (1863 – 1951)

- **Publisher**
- **Politician**
- > Art collector



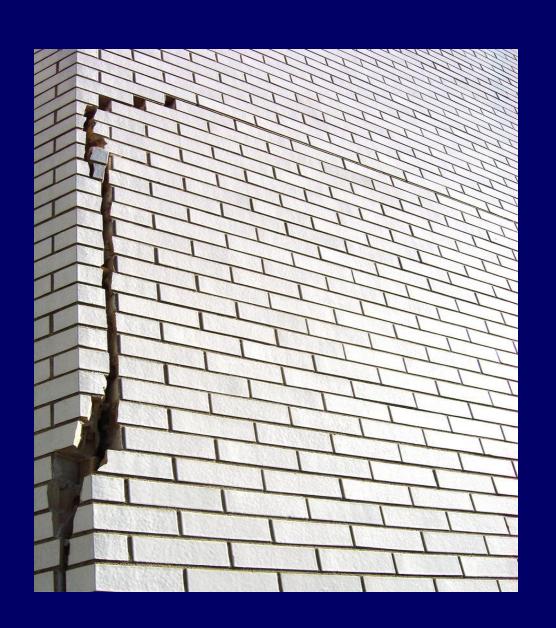








Der richtige Boden = Fundament



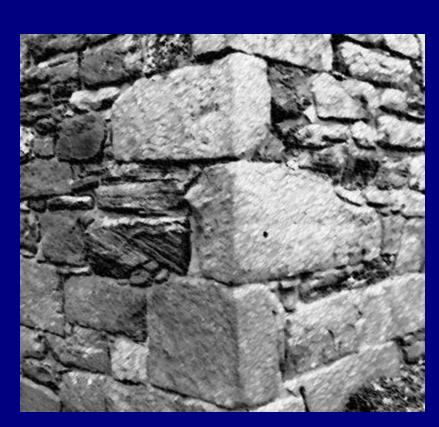
Unser Glaubensleben droht so einzustürzen, wie ein schlechtes Haus!



How can you stand stand firm according to 1:27-2:1-4? Look for the five cornerstones!

- 1) Be watchful/careful because of the three worlds you live in
- 2) Be united in faith with Christ! John 17:20-25
- 3) Be courages 1 Peter 3:13-15
- 4) Be willing to suffer!
- 5) Being united together with others





1.Be watchful two worlds: Verse 27 - To conduct = politeuo'mai

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The Truth.

1 John 1-6

Cornerstone 2 UNITY AND FELLOWSHIP WITH CHRIST

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Then the world will know that you sent me and have loved them even as you have loved me. 25 'Righteous Father, though the world does not know you, I know you, and they know that you have sent me.26 I have made you known to them, and will continue to make you known in order that the love you have for me may be in them and that I myself may be in them.'

Third cornerstone:

We can have fear, but fear should not have us! But how?

Practice 1 Petr.3:14-15

- Place— in my heart=not on the outside, but the inside!
- Person Jesus Christ Phil.1:20-22
- Position as Lord

Aze Your "Colors" Glear?

An African pastor was overrun by rebels who demanded that he renounce his faith in Jesus Christ. They swore they would kill him if he didn't. He didn't. Later, when the authorities discovered his body, they found the following words written on the wall of his house:

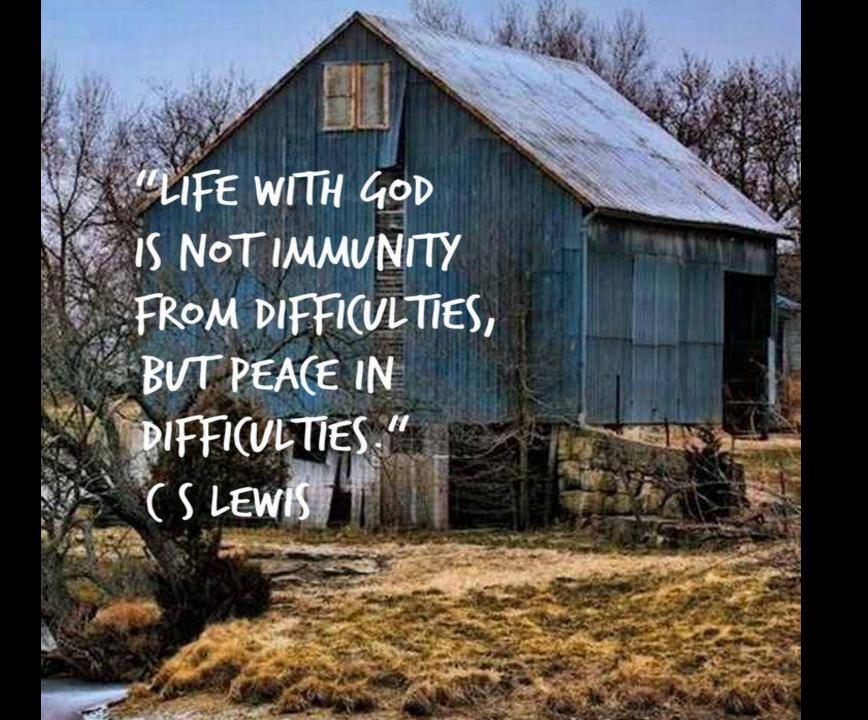
I am part of the "Fellowship of the Unashamed." I have Holy Spirit Power. The die has been cast. I've stepped over the line. The decision has been made. I am a disciple of His. I won't look back, let up, slow down, back away, or be still. My past is redeemed, my present makes sense, and my future is secure. I am finished and done with low living, sight-walking, small planning, smooth knees, colorless dreams, tame visions, mundane talking, chintzy giving, and dwarfed goals!

I no longer need preeminence, prosperity, position, promotions, plaudits, or popularity. I don't have to be right, first, tops, recognized, praised, regarded, or rewarded. I now live by presence, lean by faith, love by patience, lift by prayer, and labor by power.

My face is set, my gait is fast, my goal is heaven, my road is narrow, my way is rough, my companions few, my guide reliable, my mission clear. I cannot be bought, compromised, detoured, lured away, turned back, diluted, or delayed.

I will not flinch in the face of sacrifice, hesitate in the presence of adversity, negotiate at the table of the enemy, ponder at the pool of popularity, or meander in the maze of mediocrity. I won't give up, shut up, let up, or burn up till I've preached up, prayed up, paid up, stored up, and stayed up for the cause of Christ. I am a disciple of Jesus. I must go till He comes, give till I drop, preach till all know, and work till He stops.

And when He comes to get His own, He'll have no problems recognizing me. My colors will be clear.



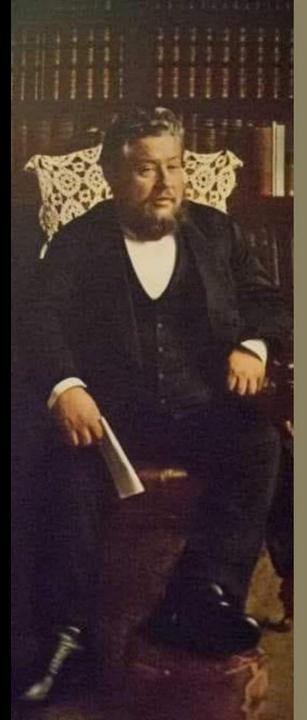
You could ask me: Why do we suffer?

And I could ask you: Why not?

Read: Rom.8:18-24

2 Cor.1:1-10

It increases your trust in God, for in adversity your roots sink deeper. 1 Thes.5:16,17



"Most of the grand truths of God have to be learned by trouble; they must be burned into us with the hot iron of affliction, otherwise we shall not truly receive them."

- C.H. Spurgeon

Though there are more than 10, here are some reasons why God allows suffering:

- 1.To give us a deeper impact for the lost because nothing grabs the attention of an unbeliever like a Christian devoted to Christ in the midst of deep pain (Philippians 1:13).
- 2. To encourage other Christians (Philippians 1:14).
- 3. To make us long more for heaven (Philippians 1:23).
- 4. So we can learn how to comfort others who are also suffering (2 Cor 1:4).
- 5. To remind us that heaven is our home (John 15:19).
- 6. To remind us of the severity of sin (Genesis 3:14).
- 7. To make us more like Jesus (Romans 8:17).
- 8. To make use more dependent on him (2 Corinthians 1:9).
- 9. To remove idols in our life (1 John 5:21).
- 10. To strengthen our faith (James 1:2-4).

Do not forget that:

- 1) God is always in control of our suffering.
- 2) God always has a limit on the amount of suffering He allows
- 3) God will always provide a way out so that we can stand up under our suffering

1 Cor.10:13

"We can ignore even pleasure. But pain insists upon being attended to. God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains: it is his megaphone to rouse a deaf world."

C.S. Lewis, The Problem of Pain

fifth cornerstone:

Be united with Christ and each other = UNITY!



teachoo

UNITY IN DIVERSITY



- 1 Corinthians 1:9 God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful.
- Philippians 2:1 If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion,
- Philippians 3:10 I want to know Christ... and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,
- 1 John 1:3 We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ.
- 1 John 1:6 If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth.
- 1 John 1:7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

Self-reflection is the ability to witness and evaluate your own cognitive, emotional, and behavioral process



What does Unity and fellowship with Christ mean to you? How does this influence your life?



Joyful Joyless? or

Our Goal for this week:

Philippians 3:10 "I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,"



Joy, Rejoice, Glad 14 X

To reach this goal Paul lived with the right, Godly desire in his heart and he experienced joy!

"I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death."

Phil 1:20





Lauren Daigle



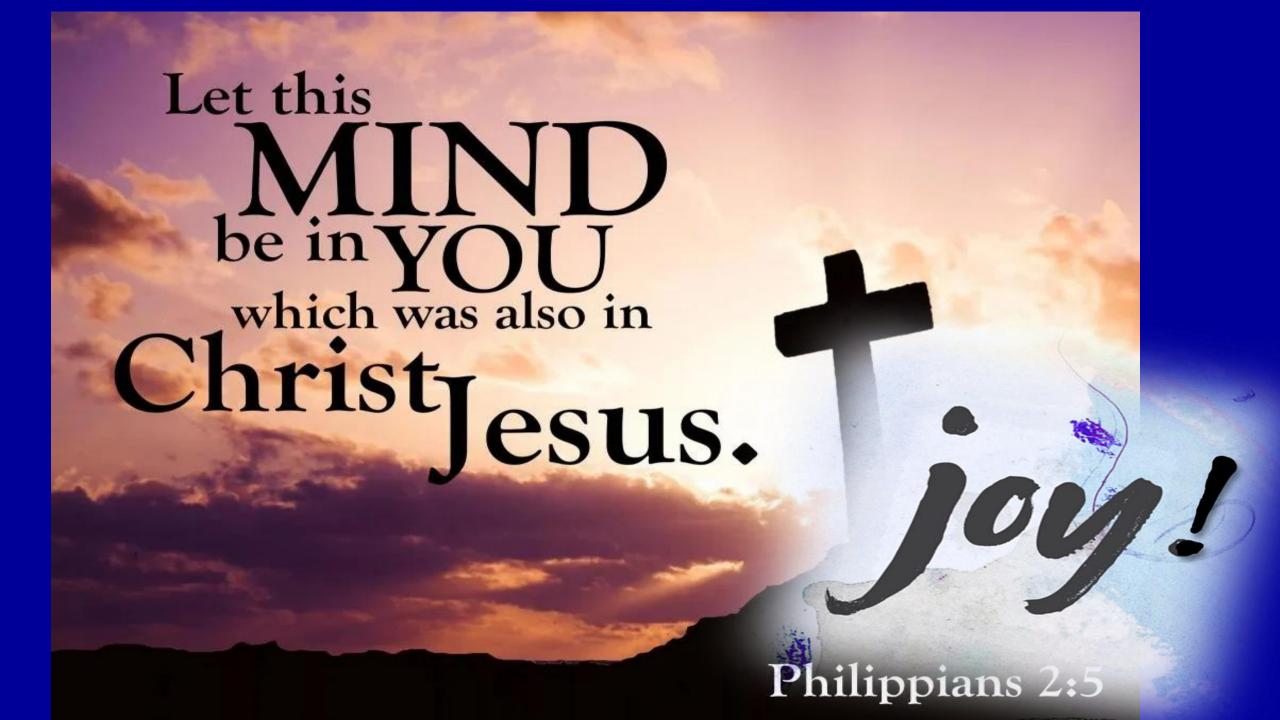
Christian Music



ANGER?

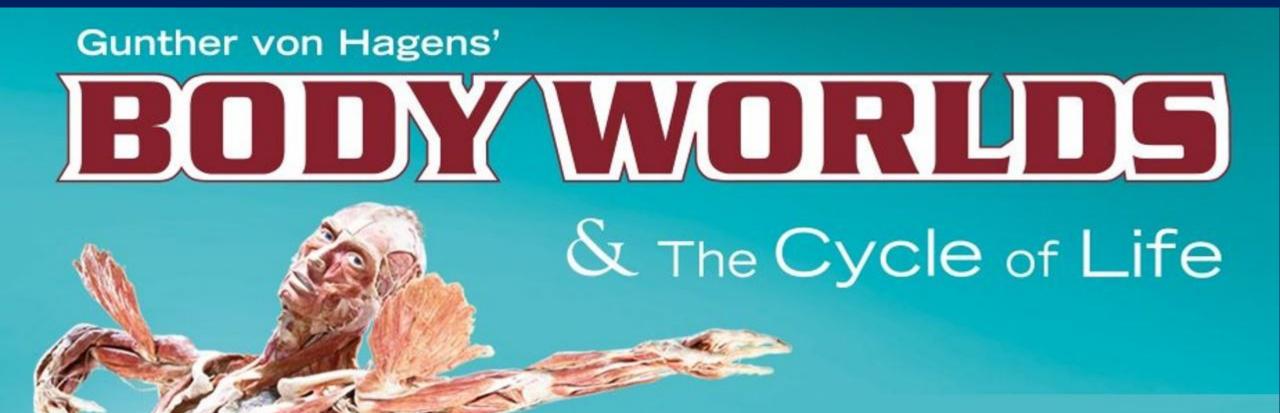
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Read Phil.2: 1-13 + 3:17-21 + 4:4-7

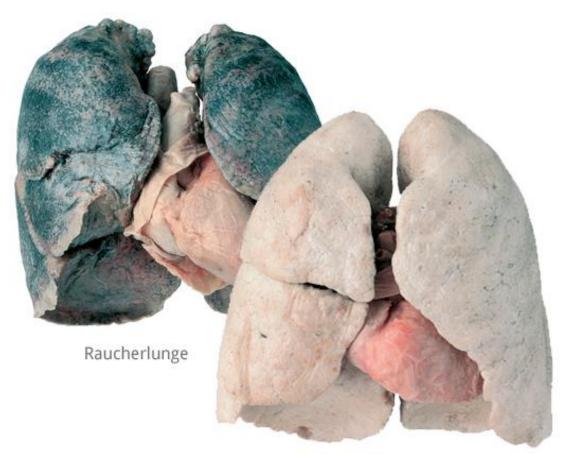
What do these Verses have in common?



OPENS NOVEMBER 21 – BUY TICKETS NOW

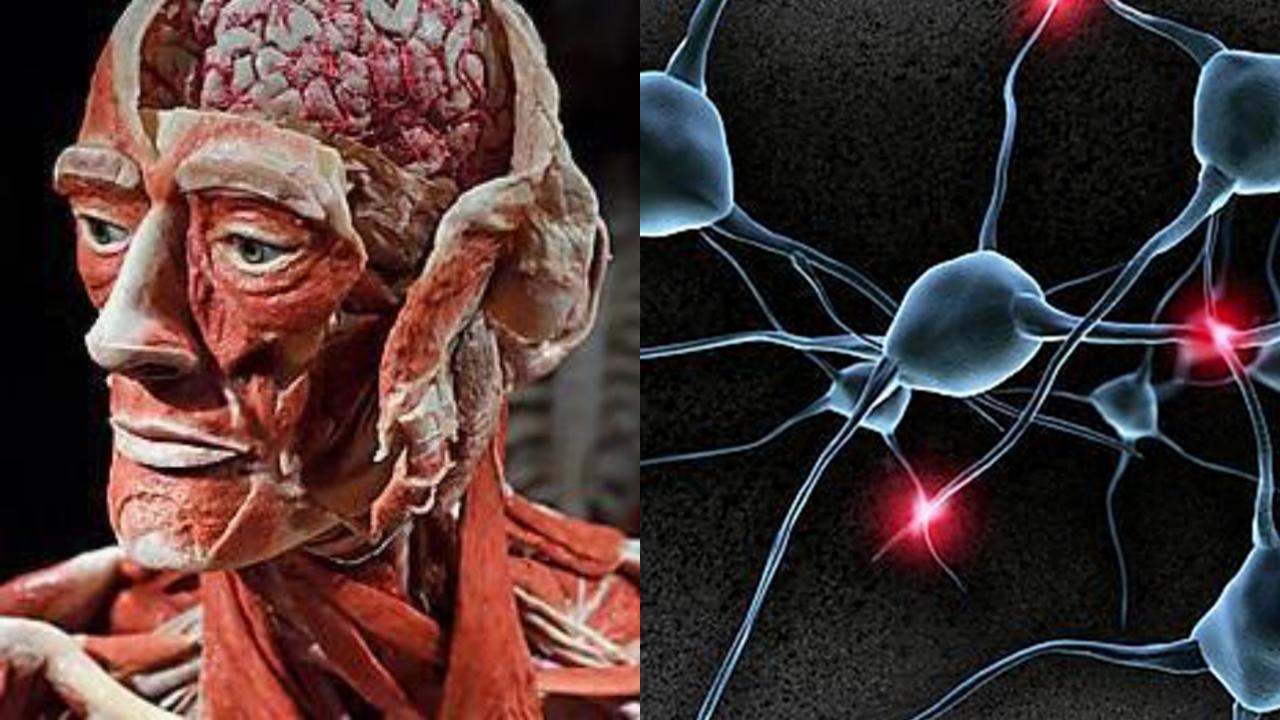


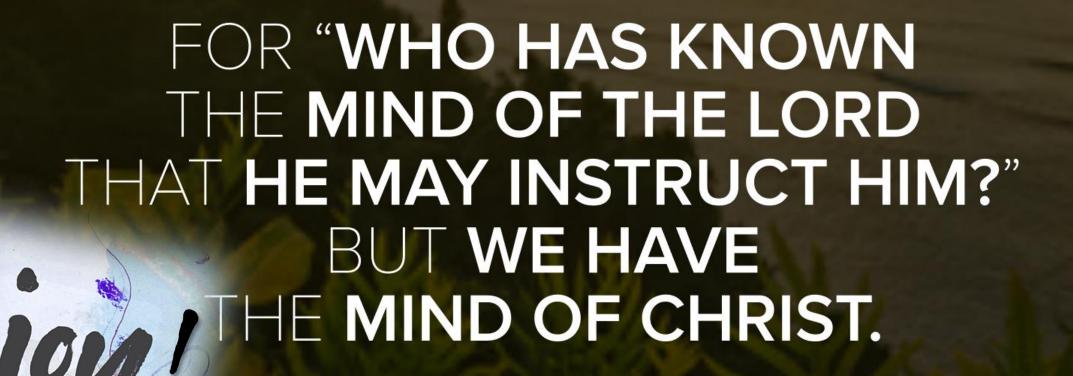












1 Corinthians 2:16

Self-reflection





Read this part again and and ask yourself:

- i. Characteristics of the mind of Chris?
- ii. How to find joy in having the mind of Christ?

Our Problem! SATAN, WHO IS THE GOD OF THIS WORLD, HAS BLINDED THE MINDS OF THOSE WHO DON'T BELIEVE. THEY ARE UNABLE TO SEE THE GLORIOUS LIGHT OF THE GOOD NEWS. THEY DON'T UNDERSTAND THIS MESSAGE ABOUT THE GLORY OF CHRIST, WHO IS THE EXACT LIKENESS OF GOD. 2 CORINTHIANS 4:4





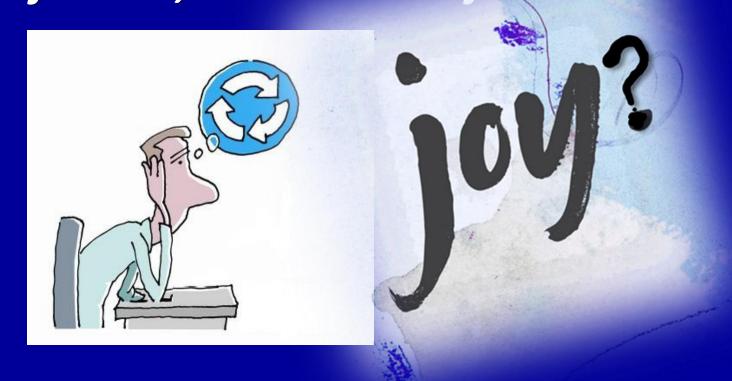
Warning in 2. Cor.11:3

"But I am afraid that, as the serpent deceived Eve by his craftiness, your minds will be led astray from the simplicity and purity of devotion to Christ."



The results of wrong thinking?

Eph.2:3 "among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the thoughts in our mind, and were by nature children of wrath, like the rest of mankind"



Eph.4:17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts.

Romans 4:17b by smooth talk and flattery they the minds of the naive. 18 Such people are not see Christ our Lord; they are serving their own person interests. By smooth talk and glowing words they deceive innocent people.

Doug Moo: Buch "Renew your mind in a sekular world

"Our thinking is stuck in deep tracks ,trails patterns of non biblical thinking: These patterns are against God's will!

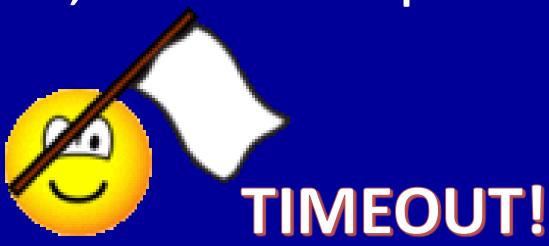
The success in the Christian life depends on how we can free ourselves from these wrong habits of thinking and start moving in a track which is determined by biblical thinking and values"

Tolstoi: "Ever feel like your head is filled with other people's ideas? In today's world, it's easy to get lost in the noise of others. We're bombarded with opinions that aren't our own, making it hard to think for ourselves. But the problem isn't as new as it feels. We've always had to deal with the pressure to conform to the public opinion.

"Unimportant people are those who accept other people's thoughts without developing them themselves.

Sometimes we accept what others say without thinking. We treat their ideas as facts, even when they might not be true. This makes us followers, not thinkers."

Self-reflection is the ability to witness and evaluate your own cognitive, emotional, and behavioral process



Give examples of wrong thinking patterns that take away joy in your life and the life of Christians today

What is GIGO?



Garbage In, Garbage Out



Solution: SET YOUR MIND! Col.1:2



Thoughts are like seeds:

We sow a thought and reap an action

We sow an action and reap a habit

We sow a habit and reap a lifestyle

We sow a lifestyle and reap our destiny



Quote: Your past has shaped your present believe system. Deal with it else it will deal with you



Prove is in 2Cor 10:3-5 "though we live in the world, we do not wage war as the world does. 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Definition Google "STRONGHOLDS":

The Bible uses the term to describe harmful thought patterns, arrogant attitudes, or messages from the outside world that have left a lasting impression on Christians' minds and hearts. Over time, these beliefs can become sty holds in the spiritual Plestroy using the truth of realm that peop God's Word.

How are strongholts, thinking paterns developed? These negative Paterns of thinking are...

 i. short impressions/experiences: picture, word, accident, experience...etc.

ii. Long term experiences: parents, school, church, books

iii. temptations + repetition

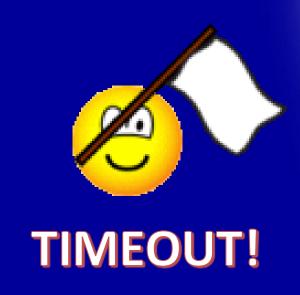
Strongholds in my own life!!!







Self-reflection





Ask yourself:

- i. What are some strongholds in my life that take away joy?
- ii. How did they get into your mind?





eating disorder



perfectionism







Divorce and fights



- Money issues
- Stealing
- > Cursing
- Violence
- Abuse
- Discrimination
- > Depression
- Homosexuality
- > TV, Computer games
- > Fashion
- > Teaching, Church

ANY HOPE???

1) Repent = Metá noéo = think new, to understand, go to your inside= turn around!!!





2) Renewing your thinking



DO NOT CONFORM TO THE PATTERN OF THIS WORLD,

BUT

BETRANSFORM

BY THE RENEWING OF YOUR MITTHEN YOU WILL BE ABLE TO AND APPROVE WHAT GOD'S WILL HIS GOOD, PLEASING AND PERFECT.

ROMANS 12:2 NIV

Pastor Cliff Lukaye SeSharpened com Colossians 3:2 Set your minds on things above, not on earthly things.

"Don't be like the people of this world, but let God change the way you think. Then you will know how to do everything that is good and pleasing to him. Romans 12:2





Joyful Joyless?

Our Goal for this week:

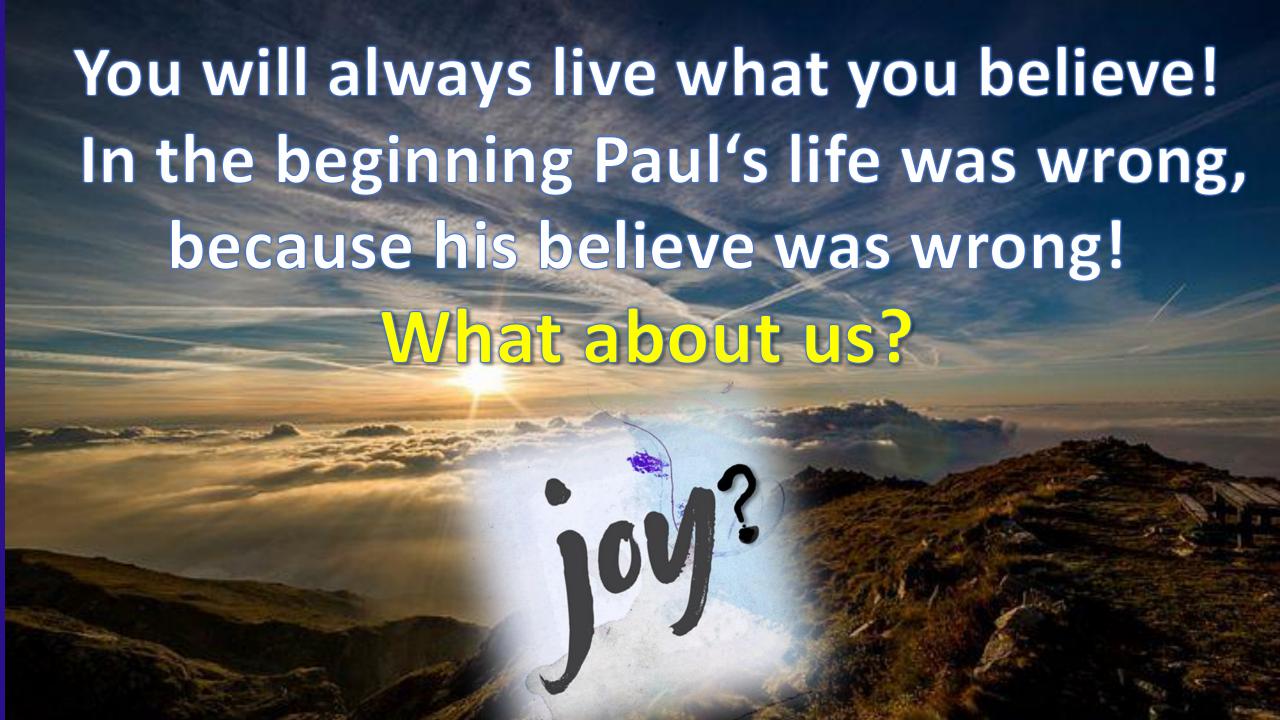
Philippians 3:10 "I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,"



Joy, Rejoice, Glad 14 X



7 But whatever were gains to me I now consider loss for the sake of **Christ.8** What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ9 and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ – the righteousness that comes from God on the basis of faith.10 I want to know Christ – yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death,11 and so, somehow, attaining to the resurrection from the dead.12 Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me.



Wrong believe in Paul's life:

a) Legalism, his performance and earning God's favor

Romans 10:2 "For I can testify about them that they are zealous for God, but their zeal is not based on knowledge. They didn't know that God's power makes people right with himself. They tried to get right with God in their own way. They didn't do it in God's way.4 Christ has fulfilled everything the law was meant to do. So now everyone who believes can be right with God."

Phil 3:6 "as to zeal, a persecutor of the church; as to righteousness in the law, blameless."

Circumcision = clean = was very important for his identity! Read Romans 2:25 - 29.

Gal 5:6 For in Christ Jesus neither circumcision nor uncircumcision has any value. The only thing that counts is faith expressing itself through love.

Gal 6:15 Neither circumcision nor uncircumcision means anything; what counts is a new creation.

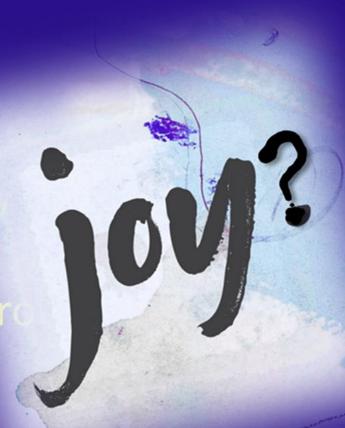
HOW TO BECOME A LEGALIST

- 1. Make rules outside the Bible.
- 2. Push yourself to try and keep your rules.
- 3. Castigate yourself when you don't keep your rules.
- 4. Become proud when you do keep your rules.
- 5. Appoint yourself as judge over other people.
- 6. Get angry with people who break your rules or have different rules.
- 7. "Beat" the losers.

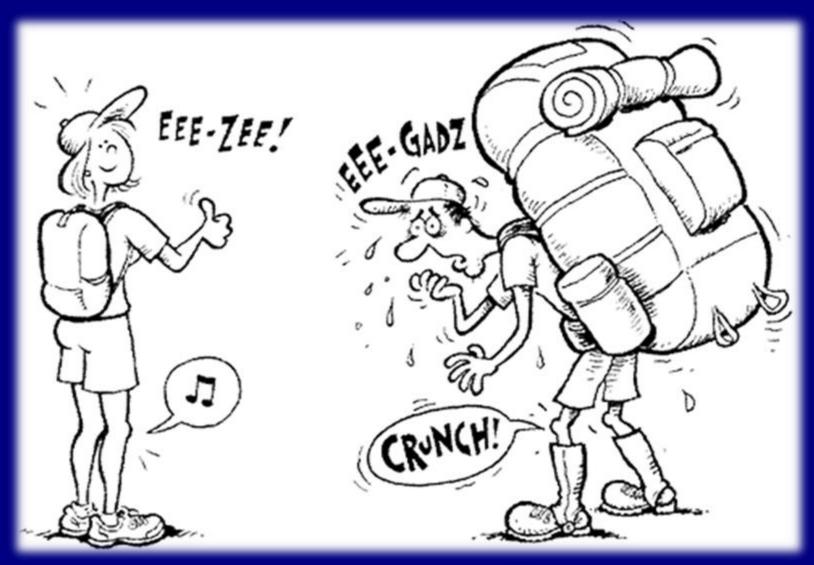
My problem was: Earning God's favor by "doing"!

- > 2x church
- Quiet time
- Enough prayer
- Evangelize
- Giving Testimor
- Being good
- Not weak, nor pr

- strong Christian
 - Active, participate
 - do not dance, no Disco
 - no Sex
 - the right church
 - money t



When you do not understand the Gospel/ Good News, you will make the Christian life hard and hopeless!





Self-reflection





Do you have a religious backpack? (Rules do to be right with God?)

Phil 3:7-8

7 But whatever were gains to me I now consider loss for the sake of Christ.8 What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ



Phil.3:9 + Gal 3:5 +11.

What is the good message Paul preached?

Answ: RIGHTEOUSNESS/Justification through faith

Gal.5:5

But by faith we eagerly await through the Singhteousness for which we hope.

Gal 3:11 Clearly no-one is justified before God by the law, because, "The <u>righteous</u> will live <u>by faith</u>."

In Romans Gospel = Righteousness = it is allright:

1007.

Rom.1:17

For in the <u>Gospel</u> a <u>righteousness from God</u> is revealed, a <u>righteousness</u> that is by <u>faith</u> from first to last, just as it is written: "The <u>righteous will live</u> by faith."

Rom.3:20-22

- 20 Therefore no-one will be <u>declared righteous</u> in his sight by <u>observing the law</u>; rather, through the law we become conscious of sin.
- 21 But now a <u>righteousness from God</u>, <u>apart from law</u>, has been made known, to which the Law and the Prophets testify.

 22 This <u>righteousness from God</u> comes through faith in Jesus Christ to all who believe.

A good definition of righteousness:

Rom.4:6-8

"David says the same thing when he speaks of the blessedness of the man to whom God credits righteousness <u>apart from works</u>: 7 "Blessed are they whose transgressions are <u>forgiven</u>, whose <u>sins</u> <u>are covered</u>. 8 Blessed is the man whose <u>sin</u> the Lord will <u>never</u> <u>count against</u> him."







How are we declared righteous?

It is a "legal term", "juridical /juristic term" A declaration from the highest legal person/judge





COMPLETE and allright!



You are complete, pure and clean again through the work of Jesus Christ, which is given to you.

This is what the Bible calls 'Righteousness'

2 Cor.5:21

God made him who had no sin (=righteous) to be sin (unrighteous) for us, so that in HIM (=Jesus) we might become the righteousness of God.

Righteousness = having no sin =like Jesus

Paul and righteousness!

- No own effort
- > A Present from God
- Requirement: believe in the work of Jesu

- Righteousness is a relationship issue!
- Standing right in from of someone
- because it is all right!

Rom 3:24 Yet God freely and graciously declares that we are righteous. He did this through Christ Jesus when he freed us from the penalty for our sins. 24 God did it for us. Out of sheer generosity he put us in right standing with himself.



For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ. - 2 Cor 5:21 (NLT)

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What happens, when I can not believe this?





Joyful or Joyless?

Our Goal for this week:

Philippians 3:10 "I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,"



NO JOY! Phil 4:



Why did I do the things I did?



I tried to fullfill my own basic needs











I was afraid that my basic needs would not be fulfilled = I would not have peace!!!

"I am" someone, when I am ...

- accepted,
- > loved,
- significant,
- > safe and secure



MASLOW'S HIERARCHY OF NEEDS

MORALITY,
CREATIVITY,
SPONTANEITY,
PROBLEM SOLVING,
LACK OF PREJUDICE,
ACCEPTANCE OF FACTS

SELF-ACTUALIZATION

SELF-ESTEEM, CONFIDENCE,

ACHIEVEMENT, RESPECT OF

OTHERS, RESPECT BY OTHERS

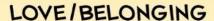
Abraham Harold Maslow (April 1, 1908 - June 8, 1970)
was a psychologist who studied positive
human qualities and the lives of exemplary people. In 1954, Maslow created the
Hierarchy of Human Needs and
expressed his theories in his book,
Motivation and Personality.

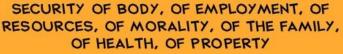
ABRAHAM MASLOW



ESTEEM







SAFETY

Fy.

Self-Actualization - A person's motivation to reach his or her full potential. As shown in Maslow's Hierarchy of Needs, a person's basic needs must be met before self-actualization can be

achieved.



BREATHING, FOOD, WATER, SEX, SLEEP, HOMEOSTASIS, EXCRETION

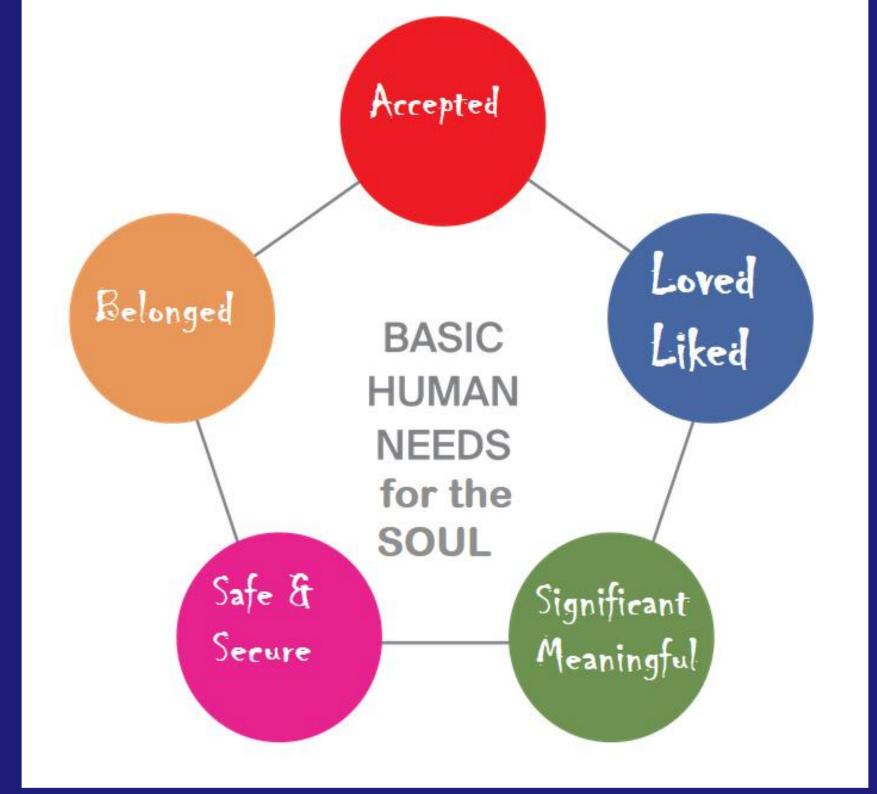
PHYSIOLOGICAL





WHAT YOU DO/HAVE OR Don't HAVE/DO:

- 1) Physical well-being (how do I look like?)
- 2) Financial well-being (how successful am I?)
- 3) Social network (how popular am !?)
- 4) Work, Activities (how good a I? achievements)
- 5) Beliefs, norms and values (loved, safe)

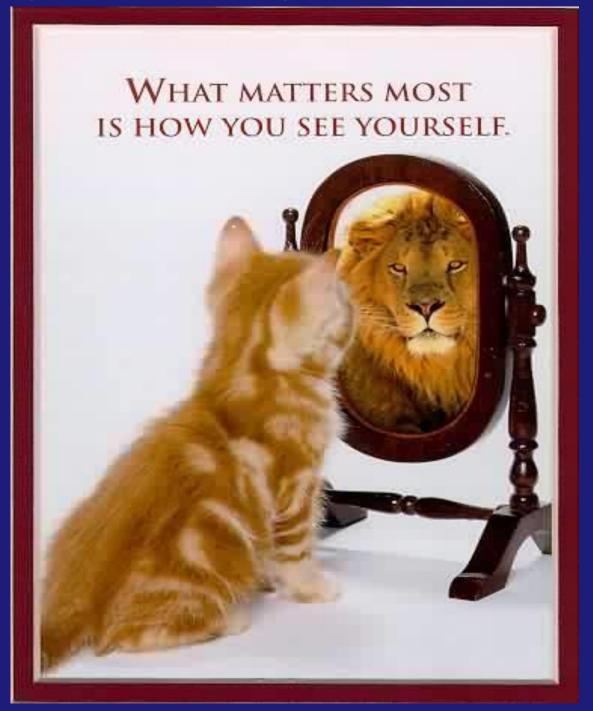


We constantly take selfies. Why?



"based on how you see yourself you will conclude what your worth is and how valuable you are."

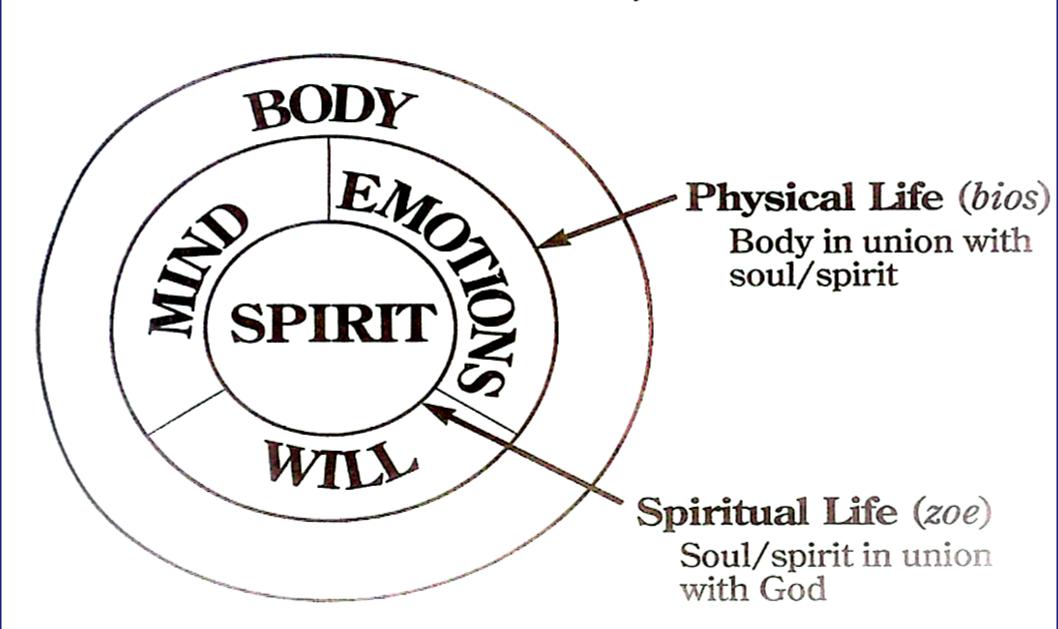
What do you see when you look in the mirror?



But why are we like that?
Why do we have these needs?
What went wrong in human lives?



ORIGINAL CREATION Genesis 1,2



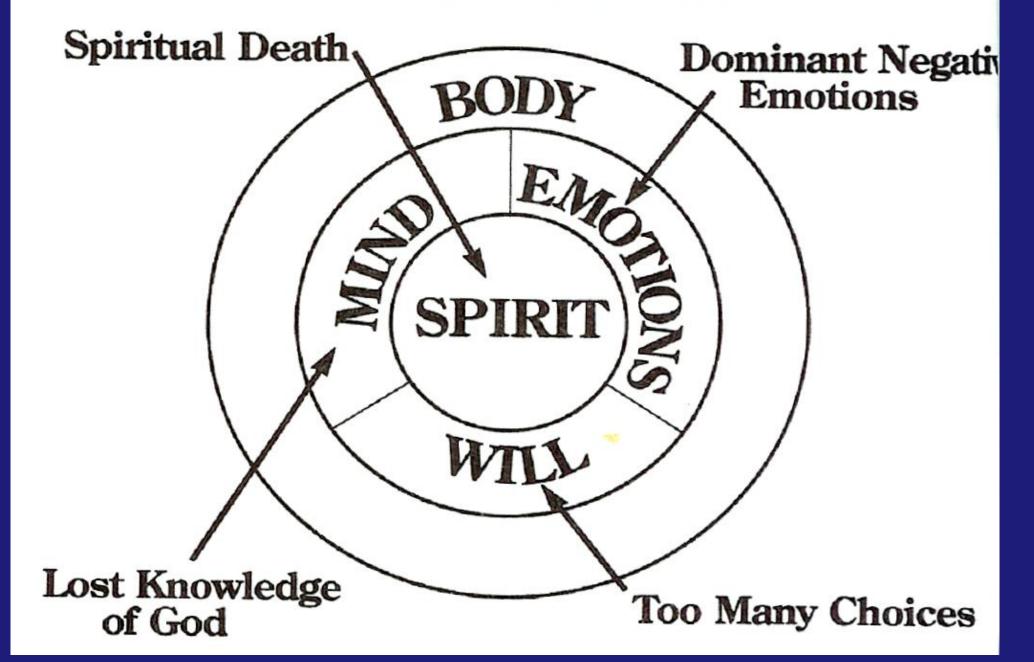
- 1. Significant—Gen. 1:28

 Man had a divine purpose.
- Safe and secure—Gen. 1:29f
 All of man's needs were provided for.
- 3. Belonged—Gen. 2:18f

 Man had a sense of belonging.
- Bios = The soul is in union with the body.<math>Zoe = The soul is in union with God.

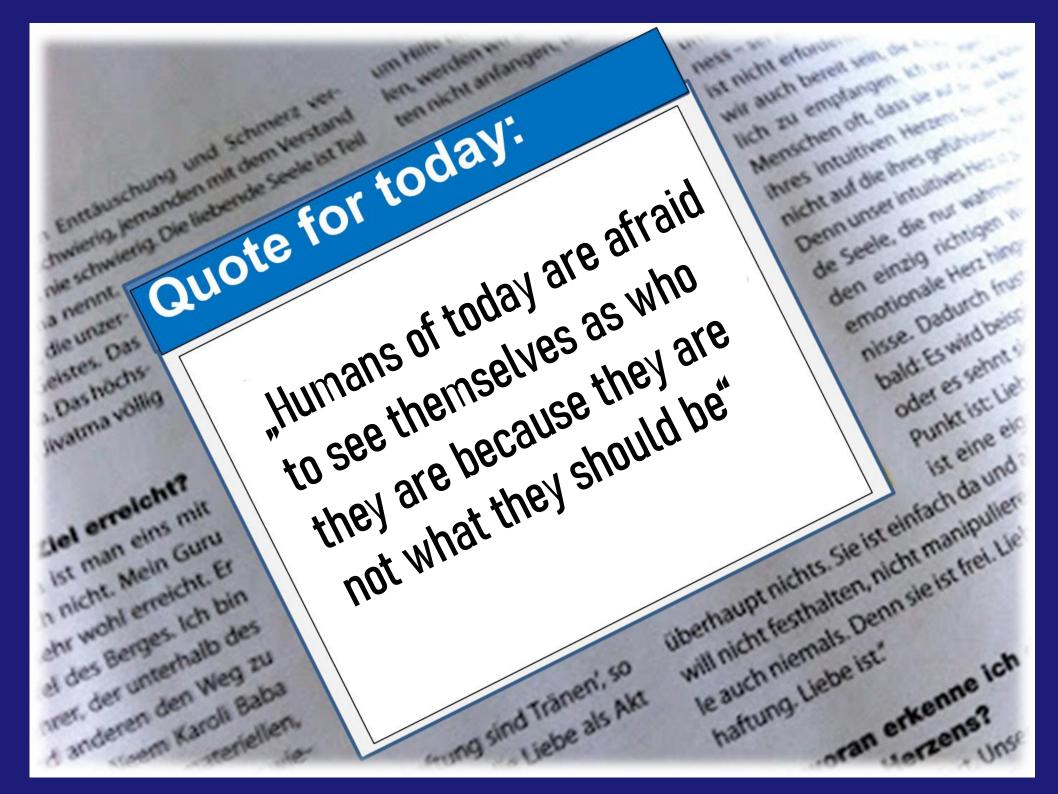
EFFECTS OF THE FALL

Genesis 3:8-4:9



- 1. Rejected: Therefore a need to belong!
- 2. Guilt and shame: Therefore a need of self-worth!
- 3. Weak and Helpless: Therefore a need of strength and self-control!

NOTE: All sinful behavior is a wrong attempt at meeting basic needs. The essence of sin is man living independent of God who has said that He will meet all of our needs as we live out life "in Christ."



Where does this fear come from?



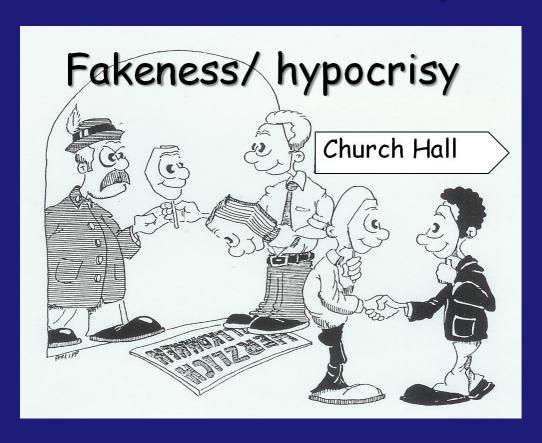
Gen 3:9 But the LORD God called to the man, "Where are you?" 10 He answered, "I heard you in the garden, and I was <u>afraid because I was naked;</u> so I hid."

Nacked = I lost my glory! I do not reflect you anymore!



Consequences?

Hypocrites + Masks; we hide and are not authentic and transparent anymore!!!





Never forget:

All sinful behaviour is an attempt at meeting our basic needs!

What kind of basic needs?

Love and belonging, acceptance, significance and security

I keep sinning if I try to fulfil these needs on my own way without Christ - Phil.4:19



Our solution



Solution i) 1Cor.15:9-10

For I am <u>the least</u> of the apostles and do not even deserve to be called an apostle, <u>because</u> I <u>persecuted</u> the church of God.

10 <u>But</u> by the grace of God I am what I am, and his grace to me was not without effect.

God's grace in my life determines my Identity!!!

Solution 2 "Being in Christ"

2. Cor.5:17

17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

New Self:

Our identity is no longer determined by...

- Our Physical heritage,
- Social standing
- Racial distinctions.
- Achievements

Our identity lies in the fact that through <u>God's</u> grace we are all children of God and we are <u>IN</u> CHRIST!!!

1 Cor.1:30 -31

It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption.

31 Therefore, as it is written: "Let him who boasts boast in the Lord."

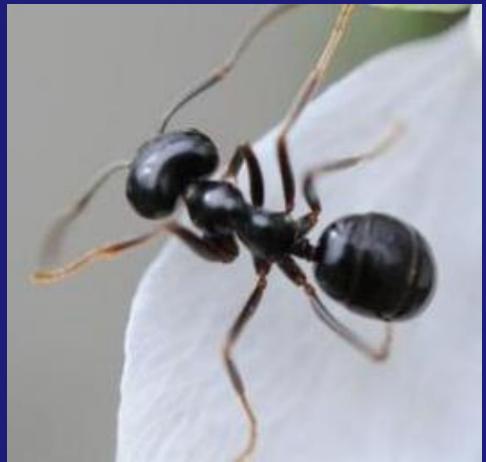
Col.3:10

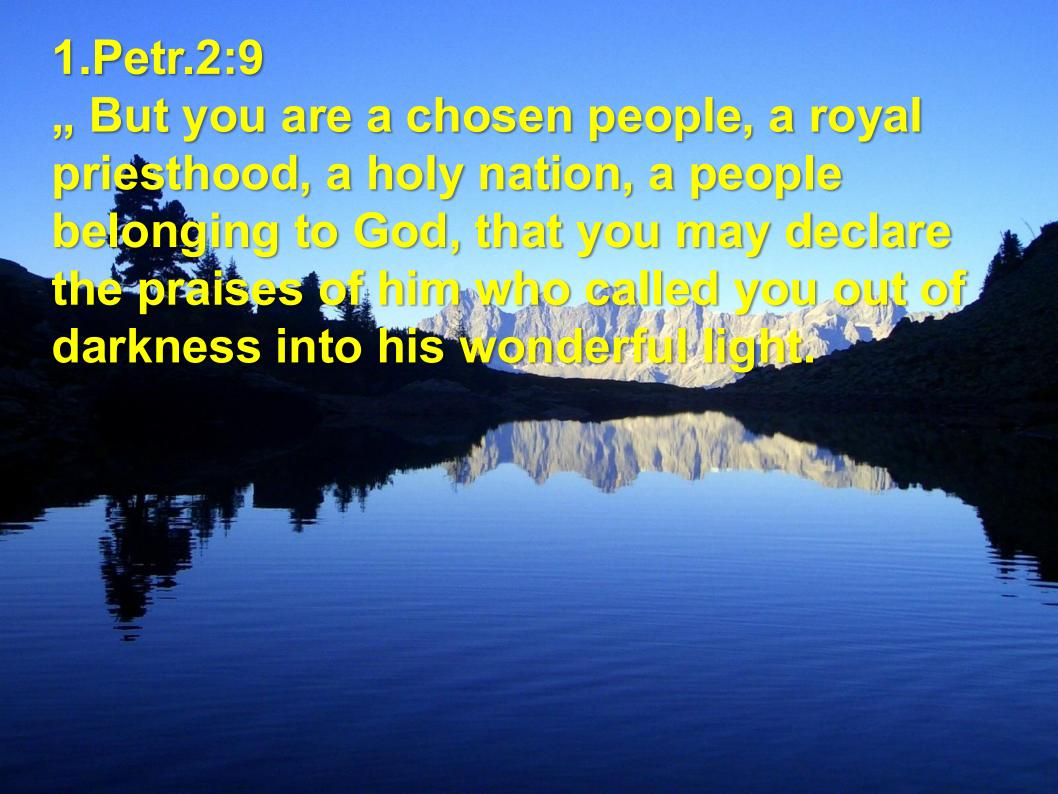
"And we have put on the new self, which is being renewed in knowledge in the image of its Creator.

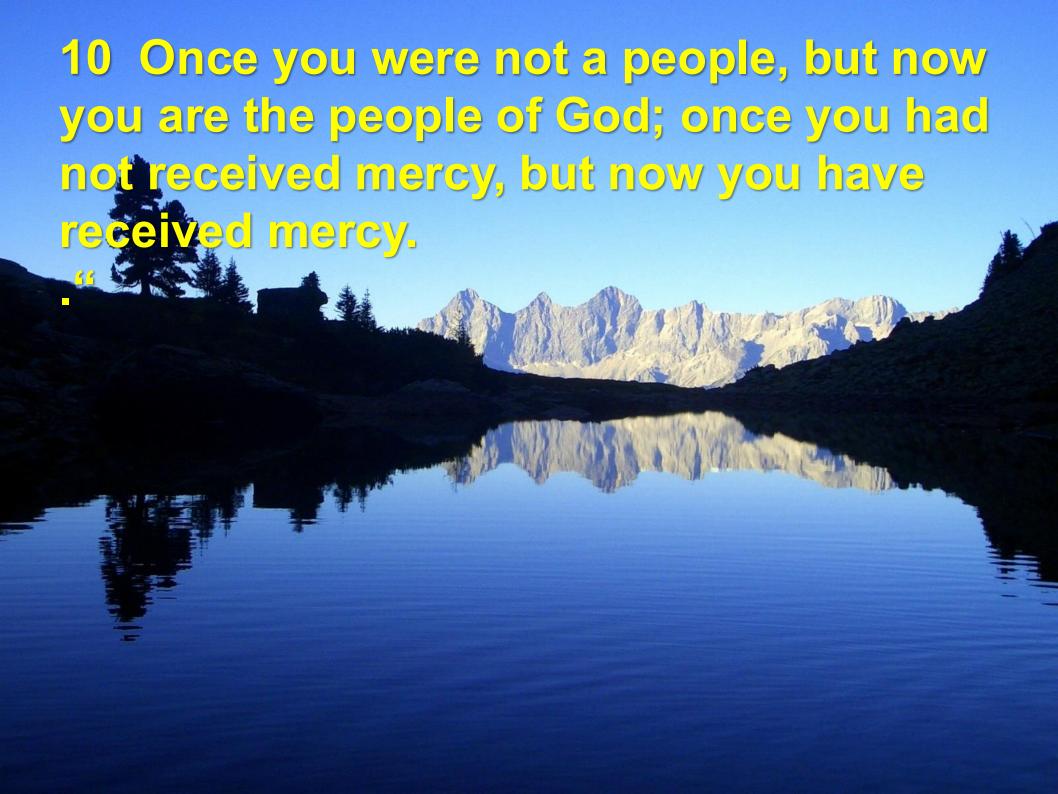
11 Here there is no Greek or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all."

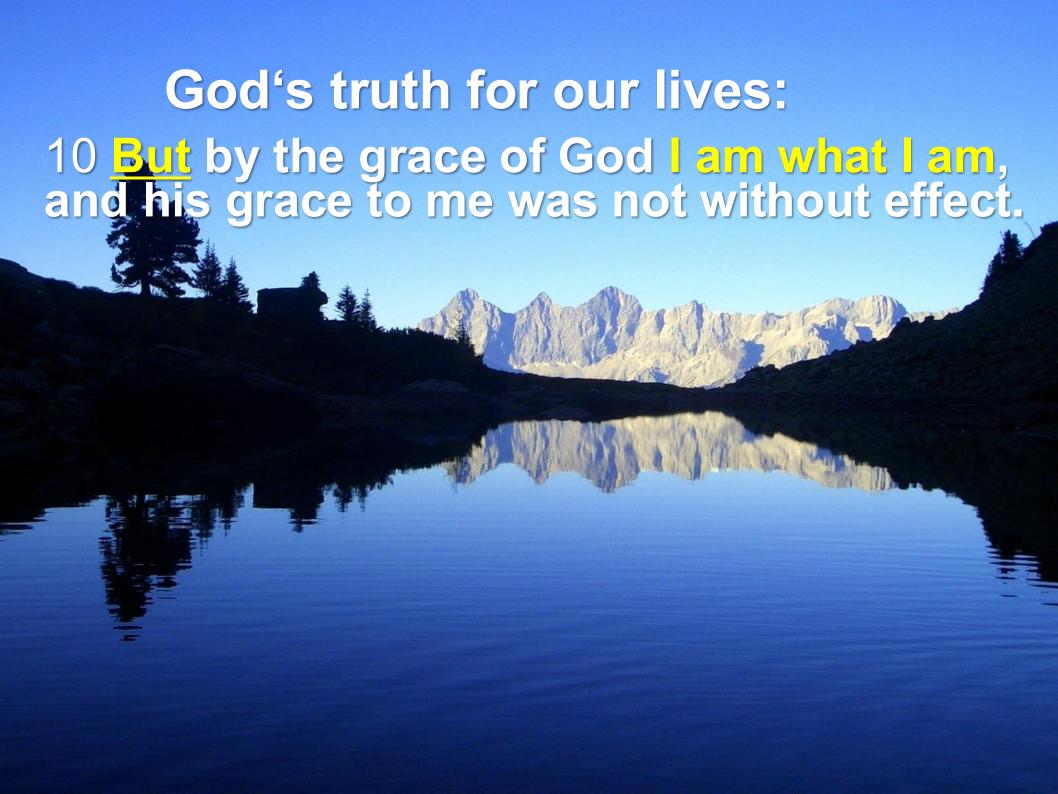












2 Cor.5:7 We live/walk by faith, not by sight.

(this means: the life we live is controlled by what I believe and not by what I see)

In Christ:

- I am God's child (John 1:12)
- I am Christ's friend (John 15:15)
- I have been justified (Rom.5:1)
- I am hidden with Christ in God (Col.3:3)
- I am God's workmanship (Eph.2:10)